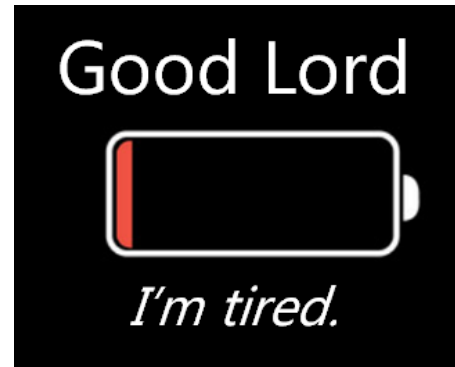


Good Lord I'm Tired

Friday, September 29th, 3:00-4:30 pm arrival to Saturday, September 30th, 3:30pm departure

Have you started to forget how to rest, how to find time for your spiritual life, or how to hear God's voice amidst the noise of your busy days? Come away and spend some time among fellow weary travelers and connect with the God who has "plans to take care of you, not abandon you, plans to give you the future you hope for." This is a guided retreat.



Location

Notre Dame Spirituality Center, 30 Jeffreys Neck Rd, Ipswich, MA 01938

Cost

\$125 overnight, includes 3 meals



Retreat Director: Margo Morin, Spiritual Director

Certified Pastoral Associate and Spiritual Director with over 25 years of experience in Roman Catholic pastoral ministry, faith formation, leadership development, and innovative ministry programs with all age groups. Skilled leader, preacher, small group leader, and writer. Collaborative leader, mission-focused, faith-filled, flexible and joyful, holding a MEd focused in Total Community Catechesis/ Intergenerational Faith Formation from Boston College School of Theology and Ministry and bachelor's degrees in psychology and religious studies.

Good Lord I'm Tired

Registration

Registration is required by September 15th. Email Spirituality.Center@sndden.org, or call 978-380-1574 to receive your registration form and mail your deposit payable by check or cash. You can also download the registration form from the Notre Dame Spirituality website: [Notre Dame Spirituality Center](#)

Deposits are non-refundable unless the event is cancelled by the Spirituality Center. Adults of all ages and backgrounds are welcome. Program attendance is limited.

Important details

Arrive on Friday, September 29th between 3–4:30pm. Come to the FRONT entrance at Notre Dame Spirituality Center, 30 Jeffreys Neck Road, Ipswich. You'll be greeted and directed where to park overnight. Settle into your private bedroom with ensuite bathroom.

Three meals are provided. You may wish to bring your own light snacks.

Friday supper – 6:30 pm

Saturday breakfast – 8:00 am

Saturday lunch – 12:00 noon

Questions? Questions? Call 978-380-1574; Email: ndscips@sndden.org

